



### Mentee Application Form

First Name:

Last Name:

NCCP # (if available):

Mailing Address:

Phone Number:

Email Address:

Primary Sport Coached:

Have you participated in a previous mentorship program?

- Yes, as an Apprentice/Mentee
- Yes, as a Mentor
- No

Please describe why you would like to be a part of Coach NB Women and Girls Mentorship Program as a Mentee?

Age of athletes you have coached (Select best answer):

- 6 and under (Active Start)
- 7 to 9 (Fundamentals)
- 10 to 12 (Learn to Train)
- 13 to 15 (Train to Train)
- 16 to 23 (Train to Compete)
- 18 + (Train to Win)
- 23 +
- Other / Active for Life

Athletes coached:

- Women / Girls
- Men / Boys
- Both

Years of coaching experience: (Must have a minimum of 1 season coaching)

- Just started (have one season completed)
- 1 to 2 years
- 3 to 5 years
- 6 to 9 years
- 10 + years

What level of athletes have you coached? (Check all that apply)

- Community / Grassroots / Recreation
- High School
- Competitive (Regional and/or Provincial)
- Team NB (Provincial Team attending Easterns, Atlantic and/or Nationals)
- Canada Games
- Post-secondary (university or college)
- National Teams (On the coaching staff of your National Sport Organization)

What level of NCCP training do you have at this time?

- None yet
- Community (Fundamental Movement Skills, Superhero training and/or sport specific) (e.g., RJTW, Hockey Coach 1)
- Competition Introduction (Level 1 / Level 2)
- Competition Development (Level 3)

- Instruction
- Competition High Performance and/or Advance Coaching Diploma (Level 4 and/or NCI)

Please identify where do you fit in your NCCP Coaching pathway

- In Training
- Trained
- Certified

Are you a transitioning high-performance athlete? (Coming from provincial, post-secondary or above)

- No
- If yes, please describe:

In the following, what is most important to you in a mentorship match? (Mentorship matches may not be sport specific for this program)

- Mentor is located close to me. Meeting in person often is an option. (ex: Once a month)
- Mentor coach's the same age group as me, or has experience coaching that age group.
- Mentor coach's in the same context as me. (i.e., individual, team, field, winter, summer, etc.)
- Mentor coach's in the same sport as me (for technical support/training)

How much support do you expect to be able to receive from you Mentor Coach?

- Essential – Connecting once a month. Primarily phone or email communication is ok. One in person meeting quarterly.
- Moderate – Connecting one or twice a month by email or phone. 1 in person meeting bi-monthly.
- Frequent – Connecting 2+ times a month. More frequent in person meetings over the year. Attending a practice or game.

Have you coaches the following athletes? (Select all that apply)

- Developing a Coaching Career (Post-Secondary, Provincial Team, etc.)
- Coaching Special Olympic Athletes (athletes with an intellectual disability; a cognitive delay, or a developmental disability)
- Coaching Aboriginal Athletes
- Coaching Newcomers

- Coaching LGBTQ+ Athletes
- Coaching Para-athletes (athlete with a physical disability)
- Other minority group athletes

What Professional Development would you like to receive/take part in? (Please select your top 3)

- Yearly Training Plan Development
- Practice & Skill Observation
- Coordination & Management of Training Camps / Athlete Selection
- Preparation for Competition
- Strength & Conditioning
- Diet & Nutrition for Athletes
- Managing Parents
- Sport Psychology
- Coaching Athletes with a Disability
- Diversity & Inclusion
- Leadership
- Teaching Sport Specific Skills & Tactics
- Coaching a Specific Age Group
- Developing a Coaching Career

What other PD topics should we take into consideration?

How did you hear about this program?

Do you have prior experience with mentorship programs?

- Yes
- No

***Please attach your resume of relevant sport experience and other information you deem relevant for this program.***

***Please have one relevant coaching support letter from local club/university/PSO mailed or emailed to the Women and Girls Project Manager by application deadline.***

- *To take part in this program, you must insure you have a team that you are able to be an assistant or head coach off, as demonstrated through a letter of support.*
- *If you are a New Brunswick Resident attending a university outside the province, you must have a letter of support from a local club/university team from where you are studying and a letter of support from the New Brunswick PSO of your sport.*
  - *If NB does not have a PSO for your sport, please contact the Women and Girls Project Manager prior to the deadline for application to discuss alternative support letter options.*

Applicants Signature: \_\_\_\_\_

Date: \_\_\_\_\_

**If you have additional questions, please contact the Women and Girls Project Manager:**

Chelsey Leahy  
[chelsey@coachnb.ca](mailto:chelsey@coachnb.ca)  
506.444.3888 ext 3

### **Responsibilities of a Coach NB Women and Girls Mentor Coach:**

1. Complete one touch base per month with your mentor coach (in person, Skype, phone etc.)
2. Develop and submit a learning plan that outline your coaching goals (to be completed with your mentor)
3. Be an active member of the online community
4. Complete the appropriate NCCP training, based on level of coaching.
5. Attend all in person group Personal Development days

### **Mentor Application Checklist**

- All sections of the Mentee Application form completed
- Attached copy of Resume highlighting relevant experience
- One relevant support letter (ex: PSO, clubs, team, assistant coaches, employer etc.)
- Any other relevant material you believe would be beneficial to your application.

**Please send all application material to Chelsey Leahy, the Women and Girls Project Manager.**

Chelsey Leahy  
[chelsey@coachnb.ca](mailto:chelsey@coachnb.ca)