

This checklist is meant as a guide for clubs who wish to be intentional in their approach to recruit and retain their coaches. The actions below are suggestions that can be used at the organization's discretion based on what they deem appropriate and realistic.

One thing to keep in mind is that throughout the integration of coach recruitment and retention policies, the coach's well-being should always be at the forefront of the intended result. Coaches must understand the expectation that comes with their roles, and organizations should follow through with the expectations by not over taxing their coaches throughout the year.

Find below actions that can be taken on by the club pre-season, during the season, and post season, in order to increase coach retention and recruitment.

| Pre-season | Low | Med | High | N/A |
|--|-----|-----|------|-----|
| Offer Registration discounts to Coaches to attend Conferences and Training | | | | |
| Highlight different opportunities for your coaches to attend at the begining of the year and offer discounts | | | | |
| Attend one event altogether based on the needs of the coaches and/or the organization | | | | |

| Pre-season | Low | Med | High | N/A |
|--|-----|-----|------|-----|
| Offer an Effective Onboarding Program | | | | |
| Address the many benefits of coaching for your organization as well as the expectations that come with being a coach | | | | |
| Schedule an initial briefing with new coaches | | | | |
| Have material and resources available for new coaches to feel confident in their role | | | | |
| Develop a clear and precise list of expectation and responsibilities | | | | |
| Provide a list of internal (board members, provincial parent organization) and external (Coach NB, Provincial Sport Office, etc.) contacts | | | | |

| Pre-season | Low | Med | High | N/A |
|---|-----|-----|------|-----|
| Coach Retention Strategies | | | | |
| Discuss last season and any goals coaches may have for the upcoming season. Are they comfortable or looking for a change in the new season? | | | | |
| Ensure appropriate decision-making opportunities for the coach are communicated (would they like to change age groups, adjust the piece of the programming) | | | | |
| Assist them in finding assistant coaches or helpers so that they can take breaks or miss practices without feeling guilty | | | | |

| Pre-season | Low | Med | High | N/A |
|--|-----|-----|------|-----|
| Develop a Mentorship Program | | | | |
| Identify a point person within your organization that new coaches can communicate with throughout the season for their questions and concerns. | | | | |
| Develop a mentorship program with specific check-ins, timelines, deadlines, and more. | | | | |

| Pre-season | Low | Med | High | N/A |
|---|-----|-----|------|-----|
| Create Partnerships with Universities, Colleges, High Schools, and Other Regional Clubs to Recruit Coaches | | | | |
| Schedule meetings with different heads of departments. | | | | |
| Discuss the possibility of school credentials being obtained by coaching. | | | | |
| Offer resources to entice students to become community coaches. | | | | |
| Inquire with clubs who operate in your sport's offseason if some coaches have demonstrated a desire to pursue further coaching opportunities. | | | | |

| Pre-season | Low | Med | High | N/A |
|--|-----|-----|------|-----|
| Set Expectations With Other Members of the Club | | | | |
| Set up a parent meeting hosted by your organization that lays ground rules for the season and sets norms for the coach and parents for acceptable behaviour. | | | | |
| Be clear on how your organization plans to deal with behaviour issues with parents, players, or spectators. | | | | |

| Pre-season | Low | Med | High | N/A |
|---|-----|-----|------|-----|
| Raise Awareness on the Benefits of Coaching in Your Community | | | | |
| Create videos and posts highlighting the benefits of coaching. | | | | |
| Share posts during National Coaching Week from various local, provincial, and national sport & recreation organizations. | | | | |
| Partner with different sport organizations to create a community marketing strategy on the benefits of coaching in youth sport. | | | | |

| Pre-season | Low | Med | High | N/A |
|--|-----|-----|------|-----|
| Promote and Provide Incentives for Current and Potential Coaches | | | | |
| Registration discount for children of coaches. | | | | |
| Covering lodging, mileage and offering per-diems for away games. | | | | |
| Provide coaches with the necessary equipment for them to be successful in their role. Include online platforms as well (team snap, practice writing platforms, etc) Include successful program equipment/apply for grants for funding said equipment (i.e., cards, dice, tennis balls, all for a | | | | |
| variety of activities) | | | | |

| During the season | Low | Med | High | N/A |
|---|-----|-----|------|-----|
| Acknowledge your Coaches Throughout the Year | | | | |
| Participate in National Coaches Week Activities. | | | | |
| Once a month, offer refreshments for coaches before or after practice. | | | | |
| Create a "Monthly Coach Spotlight" with Facebook article or newspaper article to recognize all their efforts and highlight their specific work. | | | | |

| During the season | Low | Med | High | N/A |
|--|-----|-----|------|-----|
| Organize Social Events to Show Appreciation to Your Coaches | | | | |
| Run a networking event early in the year for all the coaches in the club. | | | | |
| Host an end-of-the-year banquet highlighting and awarding coaches for specific achievements. | | | | |
| Host a coaches' night a few times throughout the season at a local meet-up spot. | | | | |

| During the season | Low | Med | High | N/A |
|--|-----|-----|------|-----|
| Provide Continued Feedback to Coaches | | | | |
| Formal or information feedback to all coaches (if volunteer). | | | | |
| Formal and informal performance review (if contracted). | | | | |
| Distribute a newsletter related to coaching, your sport, athlete development and other resources to coaches. | | | | |

| During the season | Low | Med | High | N/A |
|---|-----|-----|------|-----|
| Develop a Code of Conduct and Various Policies for Athletes, Coaches, and Parents | | | | |
| Ask your Provincial Sport Organization for a copy of their policy and/or examples based on their provincial requirements. | | | | |
| Reach out to your Regional Consultant for input and feedback on policy development. | | | | |

| Post season | Low | Med | High | N/A |
|---|-----|-----|------|-----|
| Conduct Exit Interviews for Coaches That Decide to Leave the Organization | | | | |
| Put together a series of questions highlighting both pros and cons of coaching. | | | | |

| Post season | Low | Med | High | N/A |
|---|-----|-----|------|-----|
| Hand Out a Survey Developed by the Organization to all Coaches to Gather Their Feedback | | | | |
| Develop a survey that covers the experience of coaching for the club to identify how your organization can do better. | | | | |
| A similar survey should also be developed and directed at parents and athletes to gather comments on coaches. | | | | |

Resources

For further questions, guidance, and information on how to develop coach retention and recruitment strategies, here are some organizations who have put together resources and pathways dedicated to coaching needs:

Coach New-Brunswick (CoachNB)
What We Do - CoachNB

The Coaching Association of Canada (CAC)
Coach

Sport New-Brunswick (SportNB)

<u>Member Directory | SportNB</u>

The Canadian Center for Ethics in Sport (CCES)

Home | Canadian Centre for Ethics in Sport (cces.ca)

The True Sport Movement

<u>True Sport | (truesportpur.ca</u>)